
BanyaHouse LLC — Sauna Liability Waiver and Release of Claims

Participant Name: _____

Phone/Email: _____

Date of Session: _____

Location of Sauna Use: _____

PLEASE READ CAREFULLY - THIS IS A LEGALLY BINDING AGREEMENT

By signing below, I ("Participant") acknowledge and agree to the following on behalf of myself and, if applicable, any minor children under my care who are using the sauna:

1. Assumption of Risk

I understand that using a wood-fired sauna involves exposure to high heat, steam, and other physical and environmental conditions that may pose health and safety risks, including but not limited to:

- Burns or injuries from hot surfaces or fire
- Dehydration, dizziness, nausea, or fainting
- Aggravation of pre-existing medical conditions (e.g., heart or respiratory conditions, pregnancy)
- Slipping, falling, or discomfort from confined spaces

I voluntarily choose to participate, fully aware of these risks, and assume all responsibility for any injuries or adverse effects that may occur.

2. Health Acknowledgment

I certify that I am in good health and have no known medical conditions that would make use of the sauna unsafe. I agree that I am solely responsible for monitoring my physical condition during and after sauna use.

3. No Alcohol or Drug Use

I agree not to use the sauna while under the influence of alcohol or drugs, including prescription medications that may impair my judgment or physical condition.

4. Property and Belongings

I acknowledge that BanyaHouse LLC is not responsible for any personal belongings lost, stolen, or damaged in or around the sauna.

5. Supervision of Minors

If I am signing on behalf of a minor (under 18), I affirm that I am the parent or legal guardian and I accept full responsibility for the minor's safety, behavior, and compliance with all rules. Minors must be supervised by an adult at all times.

6. Release of Liability

To the fullest extent permitted by law, I hereby release and hold harmless BanyaHouse LLC, its owners, agents, employees, contractors, and affiliates from any and all liability, claims, or damages for personal injury, death, or property loss arising from or connected to sauna use, regardless of fault or negligence.

7. Photo & Video Release (Optional)

☐ I grant permission to BanyaHouse LLC to take photographs or videos of me (or my child) for marketing and promotional purposes, including social media and website use.

I HAVE READ, UNDERSTOOD, AND VOLUNTARILY AGREE TO THE TERMS ABOVE.

Signature: _____

Date: _____

Parent/Guardian Name (if participant is under 18): _____

Parent/Guardian Signature: _____

Date: _____
